

## Dexamethasone

Order Name: **DEXAMETH**  
Test Number: 3621100  
Revision Date: 12/12/2022

TEST NAME	METHODOLOGY	LOINC CODE
Dexamethasone	Mass Spectrometry (MS)	14062-4

### SPECIMEN REQUIREMENTS

Specimen	Specimen Volume (mL)	Specimen Type	Specimen Container	Transport Environment
Preferred	3 mL (1)	Serum	Clot Activator (Red Top, No-Gel)	Frozen
Alternate 1	3 mL (1)	Plasma	Sodium Heparin (Green Top / No-Gel)	Frozen
Alternate 2	3 mL (1)	Plasma	EDTA (Lavender Top)	Frozen

**Instructions**

**Notes:** 1.0 mL (Note: This volume Does NOT allow for repeat testing.)

**Specimen Type:** Red-top tube, gel-barrier tube, lavender-top (EDTA) tube OR green-top (heparin) tube

**Specimen Storage:** **FREEZE** :

**Specimen Collection:** Separate serum/plasma from cells within one hour of collection. **Transfer to a plastic transport tube and FREEZE.** To avoid delays in turnaround time when requesting multiple test on frozen samples, please submit separate frozen specimen for each test requested.

**Special Instructions:** Testing is performed at Esoterix Endocrinology Laboratory: ES#500140

**Specimen Stability:** Room temperature up to 6 days Refrigerated up to 14 days Frozen up to 1 year

### GENERAL INFORMATION

Expected TAT	7 - 13 days
Clinical Use	Measurement of Dexamethasone is useful in assuring compliance with Dexamethasone treatment and documenting adequate dosing during such procedures as the dexamethasone Suppression Test used in the differential diagnosis of Cushing's syndrome.
Performing Labcorp Test Code	500118
CPT Code(s)	80299
Lab Section	Reference Lab