

Glucose, 2-Hour Postprandial

Order Name: **GLU2PP**
Revision Date: 11/19/2019

TEST NAME	METHODOLOGY		LOINC CODE	
Glucose, 2-Hour Postprandial				
SPECIMEN REQUIREMENTS				
Specimen	Specimen Volume (min)	Specimen Type	Specimen Container	Transport Environment
Preferred	1.0 mL (0.5 mL)	Serum	Serum Gel Tube	Refrigerated
Alternate 1	1.0 mL (0.5 mL)	Plasma	Lithium Heparin	Refrigerated
Instructions	<p>Patient Preparation:</p> <ul style="list-style-type: none">• Patient should follow physician instructions regarding fasting.• Some medications may affect blood glucose (eg, steroids, antihypertensive medications [thiazides], and diabetes medications [metformin]). Patient should follow physician instructions if any need to be discontinued prior to test.• Patient may drink water during test.• Patient should refrain from chewing gum, drinking coffee, and smoking just before and during test. <p>Performance of Test:</p> <ul style="list-style-type: none">• Give patient 75 grams of Glucola drink.• Patient should remain at rest during test and report any nausea, vomiting, heavy sweats, or dizziness to nurse or laboratory staff.• Draw blood specimen at 2-hour post Glucola ingestion. <p>Label specimen with Mobilab label or with patient name (first and last), date of birth, date and time of collection, collector initials, and test(s) being ordered.</p>			
Reference Range	An interpretive report will be provided.			

GENERAL INFORMATION

Testing Schedule	Monday through Sunday
Notes	Specimen Stability: Ambient: 8 Hours Refrigerated: 72 Hours Frozen: Do Not Freeze
CPT Code(s)	82950
Lab Section	NRLS-Core Chemistry