Gestational Glu Tolerance 2 HR

Order Name: **GLUTTGEST2HR**
Revision Date: 01/12/2013

TEST NAME	METHODOLOGY	LOINC CODE
Gestational Glu Tolerance 2 HR		

SPECIMEN REQUIREMENTS

Specimen	Specimen Volume (min)	Specimen Type	Specimen Container	Transport Environment

Instructions

Patient Preparation Note: This test is for pregnant patients only. Patients are encouraged to call Customer Service at 307-1111 to schedule procedure. 1. Patient should have normal diet and activity for 3 days prior to test. 2. Patient should have fasted 8 to 14 hours (overnight) prior to test. 3. Testing should begin between 7 a.m. and 9 a.m. 4. Some medications may affect blood glucose (eg, steroids, antihypertensive medications [thiazides], and diabetes medications [metformin]). Patient should follow physician instructions if any need to be discontinued prior to test. 5. Patient may drink water during test. 6. Patient should refrain from chewing gum, drinking coffee, and smoking before and during test. Testing will be cancelled if patient has smoked day of test. Performance of Test 1. Draw fasting blood specimen. 2. Give patient 100 grams of Glucola drink. 3. Patient should remain at rest during test and report any nausea, vomiting, heavy sweats, or dizziness to nurse or laboratory staff. 3. Draw blood specimen at 1- and 2-hours post Glucola ingestion. Note: A total of 3 blood specimens are collected. Specimen Collection Draw blood in a serum gel tube(s). Centrifuge clotted blood within 2 hours preferred. Send 1 mL (minimum volume: 0.5 mL) of serum refrigerated. Note: Label specimen with patient name (first and last) or other unique identifier, patient hospital identification number or Social Security number, date and time of draw, collector initials, and test(s) being ordered.

GENERAL INFORMATION

Testing Schedule	Monday through Sunday TAT: 2 hours STAT TAT: 30 minutes
CPT Code(s)	82951
Lab Section	NRLS-Core Chemistry