

Lactose Tolerance 3 hour

Order Name: **LACTOS TOL**
Test Number: 2003300
Revision Date: 05/28/2021

TEST NAME	METHODOLOGY	LOINC CODE
Lactose Fasting	Colorimetric	2552-8
Lactose 0.5 Hour Tolerance	Colorimetric	1584-2
Lactose 1 Hour Tolerance	Colorimetric	1582-6
Lactose 2 Hour Tolerance	Colorimetric	1583-4
Lactose 3 Hour Tolerance	Colorimetric	19249-2

SPECIMEN REQUIREMENTS				
Specimen	Specimen Volume (min)	Specimen Type	Specimen Container	Transport Environment
Preferred	See Instructions	Plasma	Sodium Fluoride (Gray)	See Instructions
Instructions	1mL (0.5) Plasma Sodium Fluoride (Gray) for each time of collection. Call Laboratory at (918) 744-2500 for instructions. Patient must be fasting overnight and during test. 50 grams of lactose is administered following an overnight fast. Specimen stability: Ambient 8 hours. Refrigerated 7 days, Frozen 3 months.			

GENERAL INFORMATION	
Testing Schedule	Mon - Fri
Expected TAT	1-2 days
Clinical Use	Used to determine primary lactose intolerance due to decrease synthesis of lactase, or secondary to any disease characterized by diffuse damage to the intestinal epithelium.
CPT Code(s)	82951; 82952X2
Lab Section	Chemistry